

CONGREGATION SONS OF ISRAEL - 1 POPLAR PLACE, WAYSIDE, NJ
 SHUL NEWS: SEPTEMBER 2018, ELUL - TISHREI 5779

Calendar of Events

- September 2: Create your own Shofar Workshop at Neptune Shoprite at 11:00am
- September 4: Pre-Rosh Hashana Women's Culinary Experience Demo by Chaiky Carlebach. See Flyer
- September 9-11: Rosh Hoshanah Holidays. (See flyer for service schedule)
- September 12: Fast of Gedaliah - Begins 5:08am, Shacharit 7:00am, Mincha 6:45pm, Fast Ends 7:40pm
- September 16: Kapparos at the home of Rabbi Yosef Carlebach from 1pm - 4:00pm (17 Nottingham Road, Ocean NJ)
- September 18-19: Yom Kippur (See flyer for service schedule)
- September 24-25: Sukkot, Shacharit at 9:00am (See calendar for service schedule)
- September 26-28: Chol Hamoed (Intermediate Days) Shacharit at 8:00am
- September 29: Shabbat, Shacharit 9:00am
- October 1: Shmini Atzeret: Shacharit 9:00am, Yizkor 10:30am, Mincha 6:30pm followed by Grand Simchat Torah Celebration with festive meal and dancing.
- October 2: Simchat Torah: Shacharit 9:00am followed by Kiddush

Our new Shul Stained Glass Windows have been installed. Please come and check the magnificent and beautiful Mitzva Themed Windows. They represent some very important and central Mitzvot, and were designed by artist Maurice (Moshe) Mahler. These windows transform our Shul Foyer into a compact Judaica Museum! Yasher Koach to Daniel and Janet Schiff and to Dr. Charles and Meryl Markowitz for their generous contributions to make this possible.

In addition to the new Stained Glass Windows, we have now installed an artistic and modern Shul Pushka. This Pushka, designed and created by world-renowned artist Michoel Muchnik, is fashioned with Jerusalem Stone, and is capable of accepting cash and credit cards! Yasher Koach to Mr. and Mrs. Daniel Schiff for sponsoring the Pushka in honor of Rabbi Moshe Carlebach and Rabbi Mendy Pevzner.

Refuah Shelaima to Chaim Babad, Renate Mesnikoff, Phyllis Reppen, and Miriam Blizinsky. May we only share good healthy news from all our Shul Family.

And to **all** the wonderful Shul People who give of themselves, their time, their money, and their good will, **please** note that all work for the communal good is noticed and counted. Whether you attend Shul every week, month, or whether you come to a class, buy the bagels, visit someone in need, or even volunteer to water our flowers, all of the above make our Shul and Shul Family so special!

Get your Lulav & Etrog now!
 Call 732-433-0800 to order!
 Kindly order before Sep 20.



A beautiful large Sukkah has been purchased for the Shul. Sponsorships available, please call 732-433-0800 for more information.



Chabad Jewish Woman's Circle
invites you to a

Pre-Rosh Hashana
CULINARY EXPERIENCE

Cooking Demo & Tastings
 Presented by Chaiky Carlebach

Tuesday September 4th. 7:00pm
 @ Jennifer Weiss' Home 721 Bowne Road

Couvert \$15
 RSVP to Chaiky @ 718-213-8217

Rosh Hashanah
Gourmet Dinner

Featuring all traditional
Holiday foods

SUNDAY, SEPTEMBER 9
 7:00 PM SERVICES · 7:30 PM DINNER

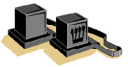
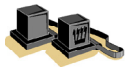
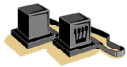

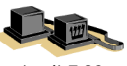


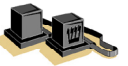
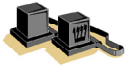







\$36 · Adult · \$25 · Child · \$180 · Sponsor

RSVP Required - 732-433-0800 or RabbiM@waysideshul.org

WHAT'S HAPPENING THIS MONTH AT OUR SHUL?

CONGREGATION SONS OF ISRAEL - 1 POPLAR PLACE, WAYSIDE, NJ

September 2018 * Elul - Tishrei 5779

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					ELUL 20 31	ELUL 21 1 כי תבוא - Ki Tavo Shacharit 9:00 am Kiddush 11:15 am Mincha 7:15 pm Shabbat Ends 8:11 pm Slichot 12:45am
ELUL 22 2  Shacharit 8:00 am Bagel Breakfast	ELUL 23 LABOR DAY 3  Shacharit 8:00 am Bagel Breakfast	ELUL 24 4	ELUL 25 5 Torah Study Group 8:00 pm	ELUL 26 6  Shacharit 7:00 am Bagel Breakfast	ELUL 27 7  Mincha 7:00 pm Light Candles 7:13 pm	ELUL 28 8 נצבים - Nitzavim Shabbat Mevarchim Shacharit 9:00 am Kiddush 11:15 am Mincha 7:00 pm Shabbat Ends 7:59 pm
ELUL 29 9 Erev Rosh Hashanah Shacharit 8:00 am Candle lighting 6:59pm Mincha 7:00 pm Yom Tov Meal 7:30pm	TISHREI 1 10 Rosh Hashanah Shacharit 9:00 am Children's Program 10:15 am Shofar Blowing 11:15 am Mincha & Tashlich 6:45 pm Candle lighting after 7:54pm	TISHREI 2 11 Rosh Hashanah Shacharit 9:00 am Children's Program 10:15 am Shofar Blowing 11:15 am Mincha 7:00 pm Yom Tov Ends 7:54 pm	TISHREI 3 12 Fast of Gedaliah 5:08 am - 7:40 pm Shacharit 7:00 am (No Torah Study Group)	TISHREI 4 13  Shacharit 7:00 am	TISHREI 5 14  Mincha 6:50 pm Light Candles 6:50 pm	TISHREI 6 15 ויילך - Vayelech Shacharit 9:00 am Kiddush 11:15 am Mincha 6:50 pm Shabbat Ends 7:47 pm
TISHREI 7 16 Shacharit 8:00 am  Kapparot 1pm-4pm (Home of Rabbi Carlebach)	TISHREI 8 17  Shacharit 7:00 am	TISHREI 9 18 Erev Yom Kippur Shacharit 7:00 am Kol Nidrei 6:45 pm Candle Lighting 6:44pm	TISHREI 10 19 Yom Kippur Shacharit 9:00 am Yizkor 11:00 am Mincha 5:45pm Neilah 6:45pm Fast Ends 7:40pm	TISHREI 11 20  Shacharit 7:00 am	TISHREI 12 21  Mincha 6:40 pm Light Candles 6:39 pm	TISHREI 13 22 האזינו - Haazinu Shacharit 9:00 am Kiddush 11:15 am Mincha 6:40 pm Shabbat Ends 7:35 pm
TISHREI 14 23 Erev Sukkot Shacharit 8:00 am Mincha 6:35 pm Candle Lighting 6:35 pm	TISHREI 15 24 Sukkot  Shacharit 9:00 am Kiddush 11:15 am Mincha 6:25pm Candle Lighting After 7:32pm	TISHREI 16 25 Sukkot  Shacharit 9:00 am Kiddush 11:15 am Mincha 6:25pm Yom Tov Ends 7:30pm	TISHREI 17 26 Sukkot Intermediate Day  Shacharit 8:00 am	TISHREI 18 27 Sukkot Intermediate Day  Shacharit 8:00 am	TISHREI 19 28 Sukkot Intermediate Day  Shacharit 8:00 am Mincha 6:25 pm Candle Lighting 6:27pm	TISHREI 20 29 Sukkot Intermediate Day Shacharit 9:00 am Kiddush 11:15 am Mincha 6:25 pm Shabbat Ends 7:24pm 
TISHREI 21 30 Sukkot - Hoshana Rabba Shacharit 8:00 am Mincha 6:35pm Candle Lighting 6:24 pm						



What Is Shanah Tovah? Rosh Hashanah and Yom Kippur Greetings

The Jewish new year is not just a time to renew our resolve to lose another fifteen pounds. Rather, it's the time when our fate stands in the balance as G-d reviews our past year and decides whether or not to renew our lease on His planet. As such, Jewish greetings for this time of year (the Jewish New Year is in the fall) reflect our prayers for a good, sweet year up ahead.

The catch-all greeting you can use for the entire season is "Shanah tovah", which means "Good year." The word "u'metuka", and sweet, is sometimes appended to the end.

Here are some other greetings that you may hear:

Before Rosh Hashanah, people wish each other "Ketivah v'chatima tovah" "A good inscription and sealing [in the Book of Life]." On Rosh Hashanah eve, as we return from synagogue service, it is traditional to greet one another with "Leshana tovah tikatev v'tichatem". When greeting a female, this is modified to "Leshana tovah tikatevee v'tichatemee". This means, "May you be written and sealed for a good year."

From noon on Rosh Hashanah, when our fates are already written, until Yom Kippur, when our fates for the coming year are to be sealed, we wish each other "Gemar chatimah tovah", "A good final sealing."

Now for the Yiddish version: The standard wish is for "A gut gebent-sht yohr," "A good and blessed year". And since tradition tells us that our fate is not really sealed until Hoshanah Rabba, the customary salutation for that day is "A gutten kvittl", "A good inscription."

No matter what we say, the main thing is to wish each other a good, sweet year with all our heart – because that is what G-d values the most.

**CONGREGATION SONS OF ISRAEL
CHABAD OF GREATER MONMOUTH COUNTY**

High Holiday Services

5779 – 2018

JOIN US FOR TRADITIONAL SERVICES BLENDED WITH CONTEMPORARY MESSAGES IN A WARM AND WELCOMING ATMOSPHERE

Rosh Hashana Services:

SUNDAY, SEPTEMBER 9

Evening Services: 7:00 PM
Followed by a festive traditional Dinner
RSVP Required

MONDAY, SEPTEMBER 10

Morning Services: 9:00 AM
Children's Program 10:15 AM
Shofar Blowing: 11:15 AM
Mincha with Tashlich Services: 6:45 PM
Light Candles: after 7:54 PM

TUESDAY, SEPTEMBER 11

Morning Services: 9:00 AM
Children's Program 10:15 AM
Shofar Blowing: 11:15 AM
Mincha Service: 7:00 PM

Yom Kippur Services:

TUESDAY, SEPTEMBER 18

Kol Nidrei: 6:45 PM

WEDNESDAY, SEPTEMBER 19

Morning Services: 9:00 AM
Children's Program 10:15 AM
Yizkor Memorial Service: 11:00 AM
Mincha Service: 5:45 PM
Neilah: 6:45 PM
Followed by break-the-fast Buffet

All Services will be held at
1 POPLAR PLACE, OCEAN NJ 07712
Special children's room with stories,
games, snacks and lots of fun

NO AFFILIATION REQUIRED

For more info call 732 433 0800 or RabbiM@waysideshul.org
Special Introductory Shul Membership Rate

What to Do Before Yom Kippur

- Forty days before Yom Kippur, on the first of Elul, we begin blowing the shofar every morning and reciting Psalm 27 after the morning and afternoon prayers. In Sephardic communities, it is customary to begin saying Selichot early every morning (Ashkenazim begin just a few days before Rosh Hashanah)—building an atmosphere of reverence, repentance and awe leading up to Yom Kippur.
- For the week before Yom Kippur (known as the 10 Days of Repentance), special additions are made to prayers, and people are particularly careful with their mitzvah observance.
- Just as Yom Kippur is a day of fasting, the day before Yom Kippur is set aside for eating and preparing for this holy day. Here are some of the activities that we do on the day before Yom Kippur:
- Kaparot is often performed in the wee hours of this morning
- There is a beautiful custom to request and receive a piece of honey cake, so that if, G-d forbid, it was decreed that we need be recipients, it be fulfilled by requesting honey cake and being blessed with a sweet year
- We eat two festive meals, one in early afternoon and another right before the commencement of the fast.
- Many have the custom to immerse in a mikvah on this day.
- Extra charity is given. In fact, special charity trays are set up at the synagogue before the afternoon service, which contains the Yom Kippur Al Cheit prayer.
- Just before the fast begins (after the second meal has been concluded), it is customary to bless the children with the Priestly Blessing.
- Holiday candles are lit before the onset of the holy day.

How Yom Kippur Is Observed

- Like Shabbat, no work is to be done on Yom Kippur, from the time the sun sets on the ninth of Tishrei until the stars come out in the evening of the next day.
- On Yom Kippur, we afflict ourselves by avoiding the following five actions:
 - Eating or drinking (in case of need, consult a medical professional and a rabbi)
 - Wearing leather shoes
 - Applying lotions or creams
 - Washing or bathing
 - Engaging in conjugal relations

The day is spent in the synagogue, where we hold five prayer services: Maariv, with its solemn Kol Nidrei service, on the eve of Yom Kippur; Shacharit, the morning prayer, which includes a reading from Leviticus followed by the Yizkor memorial service; Musaf, which includes a detailed account of the Yom Kippur Temple service; Minchah, which includes the reading of the Book of Jonah; Neilah, the “closing of the gates” service at sunset, followed by the shofar blast marking the end of the fast.

Dwelling in the Sukkah

For seven days and nights, we eat all our meals in the sukkah and otherwise regard it as our home. Located under the open sky, the sukkah is made up of at least three walls and a roof of unprocessed natural vegetation—often bamboo (sometimes in the form of convenient bamboo rolls), pine boughs or palm branches.

You can either purchase a prefabricated sukkah or build one on your own. Here are some basic rules to be aware of:

- Is there a roof or tree over your intended sukkah location? The answer needs to be “no” for the sukkah to work.
- You can be creative with the walls, but you need to have at least two walls and a partial third wall (that conforms to very specific criteria) for the sukkah. The walls need to be somewhat firm, not flapping in the breeze, so use boards, or well-tied fabrics.
- The covering must have grown from the ground, not be food, and not have been fashioned into a utensil. Neither can it be a wide beam, such as the ones used for permanent roofing (generally about a foot wide). Narrower beams are technically OK, but it is best not to use anything that even looks like a regular roof. It must not have any use other than providing (imperfect) shade. So repurposed building materials and 2x4s are out, as are raw animal hide and synthetic mesh.

The goal is to spend as much time as possible in the sukkah, at the very minimum eating all meals in the sukkah—particularly the festive meals on the first two nights of the holiday, when we must eat at least an olive-sized piece of bread or mezonot (grain-based food) in the sukkah. The Chabad practice is to not eat or drink anything outside the sukkah. Some people even sleep in the sukkah (this is not the Chabad custom).

Taking the Four Kinds

Another Sukkot observance is the taking of the Four Kinds: an etrog(citron), a lulav (palm frond), three hadassim (myrtle twigs) and two aravot(willow twigs). Before the holiday, the hadassim and aravot are bound to the lulav.\ Hoshanot and Hoshanah Rabbah

Every day of Sukkot, we say Hallel, the psalms of praise from Psalms (113-118) as part of the morning prayer service. Every day besides Shabbat, we do so clutching the Four Kinds, waving them in all directions at certain key points in the service outlined in the siddur (prayerbook).

Afterward, we circle the bimah (the podium on which the Torah is read) holding the Four Kinds, reciting alphabetically arranged prayers for Divine assistance known as Hoshanot.

The seventh day of the holiday is known as Hoshanah Rabbah. This is the day when our fates for the coming year—which were signed on Rosh Hashanah and sealed on Yom Kippur—are finalized. On this day, we circle the bimah seven times. We also say a short prayer and strike the ground five times with bundles of five willows (also known as Hoshanot)